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# Applications of Molecular Marker Implementation for Enhanced Oilseed Breeding through Marker-Assisted Selection (Mas)

# Pantla Sai Tharun <sup>a++\*</sup>, Nilesh Talekar <sup>a#</sup> and Vineeth Reddy Akkati <sup>a++</sup>

<sup>a</sup> Department of Genetics and Plant Breeding, School of Agriculture, Lovely Professional University, Phagwara-144411, Punjab, India.

### Authors' contributions

This work was carried out in collaboration among all authors. All authors read and approved the final manuscript.

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**Review Article** 

### ABSTRACT

Oilseed crops are fundamental for various industrial and food purposes, necessitating advancements in breeding strategies to meet growing demands. Molecular markers and Marker-Assisted Selection (MAS) have emerged as powerful tools in oilseed crop improvement. This review explores the diverse applications of molecular markers and MAS in oilseed crops, highlighting their significance in enhancing breeding efficiency and genetic gains. The primary aim of this review is to provide a comprehensive overview of the application of molecular markers and MAS in oilseed crop breeding programs. Specifically, it aims to synthesize existing literature and case studies to elucidate the methodologies, advancements, and outcomes associated with the integration of molecular markers and MAS in oilseed crop breeding to markers and MAS in oilseed crop breeding to elucidate the methodologies, advancements, and outcomes associated with the integration of molecular markers and MAS in oilseed crop breeding. Molecular markers have been extensively utilized for trait mapping, genetic diversity

++ M.Sc. Student;

# Assistant Professor;

\*Corresponding author: E-mail: nilesh.23498@lpu.co.in;

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analysis, and selection of desirable genotypes with traits such as high oil content, disease resistance, and abiotic stress tolerance. Integration with conventional breeding methods has facilitated the development of elite oilseed crop varieties with improved agronomic performance and stress resilience. In conclusion, molecular markers and MAS represent valuable tools for accelerating oilseed crop breeding programs. Their integration has led to increased breeding efficiency, precision, and genetic gains. However, challenges such as marker validation, cost-effectiveness, and trait complexity remain to be addressed. Future research efforts should focus on refining marker technologies, enhancing trait mapping studies, and promoting the adoption of MAS in oilseed crop breeding to ensure sustainable production and global food security.

Keywords: Marker Assisted Selection (MAS); oilseed crop; molecular markers.

#### 1. INTRODUCTION

Oilseed crops play a key role in global agriculture, these are highly required in achieving the growing demand for vegetable oils, proteinand for manv processing rich meals. applications. These crops include commodities such as soyabean, rapeseed/canola, sunflower, groundnut, and palm oil. These crops are cultivated in wide geographical regions and lead to production of edible and non-edible oils [1]. The significance of oilseed crops cannot be exaggerated, as they provide a substantial contribution to ensuring food security, fostering economic growth, and promoting environmental sustainability. Oilseeds are crucial for human nutrition since they provide concentrated energy, vital fatty acids, and fat-soluble vitamins via vegetable oils However. [2]. oilseed production faces various challenges, such as climate change, pests and diseases, soil degradation, and nutritional deficiencies, which can affect crop yields and quality. To address these challenges and meet the growing demand for oilseeds, the scientific community has been actively engaged in developing innovative strategies and technologies to enhance the productivity, resilience, and sustainability of oilseed production systems. One such approach that has gained significant attention in recent years is the application of molecular marker technologies, particularly Marker-Assisted Selection (MAS), in oilseed crop improvement [3]. In this review article, we have focused on importance of molecular markers and marker assisted selection in oil seed crop breeding along with principles and advantages of marker assisted selection over conventional plant breeding methods with case studies in various oil seed crops.

Molecular markers are identifiable DNA sequences or variations that serve as unique genetic signposts within an organism's genome.

These markers are typically used to track the inheritance of specific traits or genes of interest in breeding programs, genetic mapping, and population studies. By detecting genetic variations at the molecular level, these markers provide valuable insights into genetic diversity, evolutionary relationships, and trait inheritance patterns across different organisms [4-6].

#### **1.1 Types of Molecular Markers**

#### 1.1.1 SSRs (Simple Sequence Repeats)

Simple Sequence Repeats (SSRs), also known as microsatellites, are short tandem repeats of DNA sequences consisting of one to six nucleotide motifs repeated in tandem. SSRs are abundant throughout the genomes of organisms and are highly polymorphic due to variations in the number of repeat units. These genetic markers are widely used in genetic studies, including molecular breeding, genetic mapping, population genetics, and forensic analysis, due to their codominant inheritance, high variability, and reproducibility. Their abundance and polymorphic nature make them ideal for constructing genetic maps, studying genetic diversity, and markerassisted selection (MAS) in oilseed crops [7].

#### 1.1.2 SNPs (Single Nucleotide Polymorphisms)

SNPs "Single Nucleotide Polymorphisms" represent the most widespread form of genetic variation found within genomes. Their influence extends to a multitude of traits and phenotypes. Given their abundance and stability, SNPs hold significant utility as molecular markers in genetic investigations [7].

In oilseed crop research, SNPs play a crucial role in elucidating genetic diversity, population structure, and trait associations. The utilization of SNPs in MAS enables breeders to precisely select and introgress desirable traits into elite breeding lines, thereby accelerating the breeding process and improving crop productivity and quality [8].

# 1.1.3 AFLPs (Amplified Fragment Length Polymorphisms)

Amplified Fragment Length Polymorphisms (AFLPs) are a PCR-based molecular marker technique used for detectina DNA polymorphisms within a genome. AFLP analysis involves several steps, including restriction enzyme digestion of genomic DNA. AFLPs are hiahlv reproducible, multilocus, dominant markers that can detect polymorphisms at across numerous loci the genome simultaneously. They offer advantages such as high throughput, low cost, and high levels of polymorphism [9].

In the realm of oilseed crop research, AFLPs have gained extensive usage for evaluating genetic diversity, detecting marker-trait relationships, and establishing high-density genetic maps. AFLP analysis, by uncovering DNA-level genetic variations, offers valuable insights into the intricate genetic makeup underlying complex traits. Moreover, it facilitates the implementation of marker-assisted selection (MAS) strategies within crop improvement initiatives [10].

# 1.1.4 RFLPs (Restriction Fragment Length Polymorphisms)

**RFLPs** "Restriction Fragment Length Polymorphisms" constitute a category of molecular markers utilized for identifying variations in DNA sequences arising from disparities in the lengths of restriction fragments produced by particular restriction enzymes. RFLPs are codominant markers, meaning they reveal alleles from both parental chromosomes, and they can detect polymorphisms at specific loci throughout the genome. Although RFLP analysis was one of the first molecular marker techniques developed, it has been largely replaced by more efficient. In oilseed crop research, RFLPs have been used for genetic mapping, marker-trait association studies, and population genetics analyses [11-12].

#### 2. MARKER-ASSISTED SELECTION (MAS) IN PLANT BREEDING

Marker-Assisted Selection (MAS) represents a breeding methodology that employs molecular

markers to streamline the process of selecting individuals possessing desirable traits in plant or animal breeding endeavors. This integration empowers breeders to make informed and expedited selections, consequently expediting the breeding cycle and amplifying genetic advancements toward desired traits [13-14].

# 2.1 Principles of MAS

MAS "Marker-Assisted Selection" is a breeding strategy that leverages molecular markers to assist in the selection of desired traits in plants. The principles of MAS are grounded in the understanding of genetic variation and the association between molecular markers and phenotypic traits of interest. This allows breeders to expedite the breeding process by focusing on individuals that carry the desired alleles, thus increasing the efficiency and precision of trait improvement [15].

The key principle of MAS lies in the identification and validation of molecular markers closely linked to target traits through genetic mapping and association studies. By genotyping individuals within a breeding population for these markers, breeders can effectively screen for individuals with the desired trait alleles, even before the traits themselves are visually or phenotypically evident (Fig. 1) [16].

MAS enables breeders to surmount challenges inherent in traditional phenotypic selection methods, including protracted breeding cycles, susceptibility to environmental factors, and the necessity for expansive field trials. Bv amalgamating the strengths of both molecular and phenotypic methodologies, MAS optimizes efficacy, breeding hastens genetic advancements, and facilitates the precise enhancement of desired traits in oilseed crops [17].

# 2.2 Applications of MAS

Marker-Assisted Selection (MAS) offers diverse applications in oilseed crop improvement, revolutionizing breeding programs through its precision and efficiency. This focused strategy expedites the breeding timeline and facilitates the cultivation of varieties fortified with heightened resistance against destructive diseases. Consequently, this mitigates yield losses and diminishes dependence on chemical pesticides, offering a sustainable approach to crop management [18-19].

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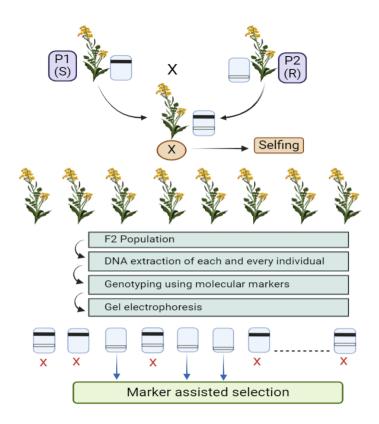


Fig. 1. Workflow of marker assisted selection

MAS also finds applications in quality trait improvement, where molecular markers linked to traits such as oil content, fatty acid composition, or nutritional quality are utilized to select for desirable characteristics in oilseed crops [20].

Leveraging molecular markers associated with specific target traits, breeders can effectively transfer desirable alleles from diverse genetic reservoirs into elite cultivars. This process broadens the genetic foundation and augments genetic diversity within breeding populations. Consequently, MAS facilitates the creation of robust, high-performing varieties tailored to adapt to dynamic environmental and market demands [21].

### 3. ADVANTAGES OF MARKER ASSISTED SELECTION OVER CONVENTIONAL BREEDING

#### 3.1 Early Selection and Reduced Phenotypic Evaluation

• Marker assisted selection enables early selection of individuals with desired traits

based on molecular marker information, significantly reducing the time and resources required for conventional phenotypic evaluations [22].

• This advantage allows breeders to streamline the breeding process and make more efficient use of resources by focusing on individuals with the desired genetic makeup, ultimately accelerating the breeding cycle and increasing genetic gain [23].

# 3.2 Enhanced Accuracy and Precision

- By integrating molecular marker information, marker assisted selection augments the precision and efficacy of trait selection in contrast to conventional breeding methodologies [22].
- Molecular markers furnish direct insights into particular genes or Quantitative Trait Loci (QTLs) linked with target traits, empowering breeders to execute more refined selections while circumventing the complicating influences of environmental fluctuations and genotype-by-environment interactions [23].

# 3.3 Facilitated Introgression of Favorable Alleles

- Marker assisted selection facilitates the introgression of favorable alleles from wild or exotic germplasm into elite breeding lines, overcoming challenges associated with linkage drag and undesirable genetic background effects in conventional breeding.[24]
- This advantage allows breeders to harness the genetic diversity present in wild or unadapted germplasm and incorporate valuable traits into elite breeding lines more efficiently, ultimately expanding the genetic base and improving the overall performance and adaptability of breeding populations [25].

# 3.4 Increased Breeding Efficiency and Sustainability

- The combination of molecular genetics with traditional breeding approaches in marker assisted selection enhances breeding efficiency, genetic gain, and trait introgression, leading to more sustainable agricultural development [26].
- Marker assisted selection enables breeders to develop improved varieties with enhanced traits more rapidly and costeffectively, contributing to increased agricultural productivity, resilience, and food security in a changing climate and environment [27].

#### 4. IMPORTANCE OF MOLECULAR MARKERS IN OILSEED RESEARCH

Molecular markers play a crucial role in oilseed research by providing valuable tools for genetic analysis, trait mapping, and breeding improvement strategies. Some of the commonly used molecular in oil seed had been listed in Table 1. The importance of molecular markers in oilseed research can be elucidated through several key aspects.

 Genetic Diversity and Germplasm Characterization: Molecular markers enable the assessment of genetic diversity within oilseed germplasm collections. By analyzing DNA variation at the molecular level, researchers can identify distinct genetic profiles, population structures, and evolutionary relationships among different oilseed accessions. This information is essential for germplasm conservation, germplasm enhancement, and the identification of novel genetic resources for breeding programs [28].

- Trait Mapping and Quantitative Trait Loci (QTL) Analysis: Molecular markers play a role in the mapping pivotal and identification of genomic regions linked to agriculturally significant traits in oilseed crops. Utilizing methodologies such as linkage mapping, association mapping, and QTL analysis, researchers can precisely locate the genetic underpinnings of traits like vield, oil content, disease resistance, and tolerance to abiotic stress. Armed with this understanding. breeders can formulate marker-assisted selection (MAS) strategies tailored for the precise enhancement of traits in oilseed crops [28].
- Marker-Assisted Selection (MAS) and Breeding Improvement: Molecular markers serve as powerful tools for accelerating breeding progress and enhancing genetic gain in oilseed crops. Marker assisted selection enables breeders to make informed selection decisions based on molecular marker information linked to target traits of interest. By incorporating marker data into breeding programs, breeders can streamline the selection process, improve breeding efficiency, and develop superior oilseed varieties with enhanced agronomic performance and product quality [29].
- Genomic-Assisted Breeding (GAB) and Genomic Selection (GS): Advances in genomics have led to the development of genomic-assisted breeding (GAB) and genomic selection (GS) approaches in oilseed research. GAB integrates genomic information, including molecular markers and genome-wide sequence data, into breeding programs to accelerate trait introgression and cultivar development. GS, on the other hand, utilizes genomewide marker information to predict breeding values and select superior genotypes for breeding advancement. These genomic approaches offer promising opportunities for enhancing genetic gain and precision breeding in oilseed crops [28].

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Molecular Marker	Description	Reference
SSRs (Simple Sequence Repeats)	"Short tandem repeats of DNA sequences with 1-6 base pair motifs. Widely used for genetic diversity analysis, linkage mapping, and QTL mapping in oilseed crops."	Gupta et al., 2003[30]
SNPs (Single Nucleotide Polymorphisms)	"Single nucleotide variations in DNA sequences. Valuable for high-throughput genotyping, association mapping, and marker-assisted selection (MAS) in oilseed crops."	Hyten et al., 2006[31]
AFLPs (Amplified Fragment Length Polymorphisms)	"PCR-based markers that detect restriction fragment length variations. Used for genetic diversity assessment, linkage mapping, and trait mapping in oilseed crops"	Vos et al., 1995[32]
RFLPs (Restriction Fragment Length Polymorphisms)	"DNA variations detected by restriction enzyme digestion. Employed for genetic mapping, QTL analysis, and marker- assisted breeding in oilseed crops."	Tanksley & Nelson, 1996[33]
ISSRs (Inter-Simple Sequence Repeats)	"PCR-based markers targeting regions between SSR motifs. Useful for genetic diversity analysis, population genetics, and linkage mapping in oilseed crops."	Zietkiewicz et al., 1994[34]
CAPS (Cleaved Amplified Polymorphic Sequences)	"PCR-based markers that detect SNP variations using restriction enzymes. Applied for genetic mapping, trait association, and MAS in oilseed crops."	Konieczny & Ausubel, 1993[35]
DArTs (Diversity Arrays Technology)	"High-throughput markers detecting variations in DNA fragments. Used for genetic diversity assessment, QTL mapping, and genomic selection in oilseed crops."	Jaccoud et al., 2001[36]
InDels (Insertions/Deletions)	"DNA polymorphisms resulting from insertions or deletions of nucleotides. Employed for genetic mapping, marker- trait association, and breeding in oilseed crops."	Wenzl et al., 2004[37]
SSRPs (Single Sequence Repeat Polymorphisms)	"PCR-based markers targeting single sequence repeats. Useful for genetic diversity analysis, linkage mapping, and MAS in oilseed crops."	Gupta et al., 1996[38]
CNVs (Copy Number Variations)	"Genomic variations involving duplications or deletions of DNA segments. Applied for understanding genetic diversity, trait mapping, and breeding in oilseed crops."	Redon et al., 2006[39]

#### Table 1. Commonly used molecular markers in oilseed crops

### 5. APPLICATIONS OF MOLECULAR MARKERS IN OILSEED BREEDING PROGRAMS

• High-Oleic Acid Trait in Sunflower (Helianthus annuus): "Molecular markers facilitate the evaluation of genetic diversity

within collections of oilseed germplasm. Through the analysis of DNA variations at the molecular level, researchers can delineate the genetic diversity existing in oilseed crops, discern unique alleles, and categorize germplasm into discrete genetic clusters. This data holds paramount importance for the conservation and enhancement of germplasm, as well as for the discovery of novel genetic reservoirs essential for breeding programs" [40].

- Trait Mapping and Quantitative Trait Loci "Molecular (QTL) Analysis: markers streamline the process of mapping and identifying genomic regions correlated with crucial agronomic traits in oilseed crops. Employing methodologies like linkage mapping, association mapping, and QTL researchers can precisely analysis, determine the genetic foundations of traits including yield, oil content, disease resistance, and tolerance to abiotic stresses" [41].
- Marker-Assisted Selection (MAS) and Breedina Improvement: "Molecular markers serve as powerful tools for breeding progress accelerating and enhancing genetic gain in oilseed crops. assisted Marker selection enables breeders to make informed selection decisions based on molecular marker information linked to target traits of interest. By incorporating marker data into

breeding programs, breeders can streamline the selection process, improve breeding efficiency, and develop superior oilseed varieties with enhanced agronomic performance and product quality (Table 2)" [42].

Genomic-Assisted Breeding (GAB) and Genomic Selection (GS): "Advancements aenomics have catalvzed in the emergence of genomic-assisted breeding (GAB) and genomic selection (GS) methodologies in oilseed research. GAB seamlessly incorporates genomic data, encompassing molecular markers and genome-wide sequence information, into breeding initiatives, expediting the process of trait introgression and cultivar development. Conversely, GS harnesses genome-wide marker data to forecast breeding values and identify superior genotypes for further breedina advancement. These genomic strategies present promising avenues for augmenting advancements genetic and refining precision breeding practices in oilseed crops " [43].

Table 2. Case studies: Successful applications of marker assisted selection in oilseed crop
improvement

Crop	Trait	Case Study	Reference
Sunflower	High-Oleic Acid	MAS for introgression of high-	Liu et al., 2019[44]
(Helianthus	Trait	oleic acid trait	
annuus)			
Canola	Sclerotinia	MAS for introgression of	Yu et al., 2017[45]
(Brassica napus)	Resistance	Sclerotinia resistance	
Soybean	Low Linolenic Acid	MAS for developing soybean	Zhang et al., 2008[46]
(Glycine max)	Trait	with low linolenic acid content	
Groundnut	Drought Tolerance	MAS for developing drought-	Varshney et al., 2013[47]
(Arachis		tolerant groundnut varieties	
hypogaea)			
Chickpea (Cicer	Fusarium Wilt	MAS for introgression of	Varshney et al., 2014[48]
arietinum)	Resistance	Fusarium wilt resistance	
Cotton	Verticillium Wilt	MAS for developing	Zhang et al., 2015[49]
(Gossypium	Resistance	Verticillium wilt-resistant	
spp.)		cotton	
Rapeseed	High-Erucic Acid	MAS for introgression of high-	Li et al., 2018[50]
(Brassica napus)	Trait	erucic acid trait	
Sunflower	Downy Mildew	MAS for introgression of	Liaud et al., 2017[51]
(Helianthus	Resistance	downy mildew resistance	
annuus)			
Canola	Clubroot	MAS for introgression of	Ueno et al., 2012[52]
(Brassica napus)	Resistance	clubroot resistance	
Soybean	Salt Tolerance	MAS for developing salt-	Hamwieh et al., 2011[53]
(Glycine max)		tolerant soybean varieties	

#### 6. MARKER-ASSISTED SELECTION (MAS) IN OILSEED CROPS

Marker assisted selection in oilseed crops operates on fundamental principles aimed at enhancing breeding efficiency and precision. These markers serve as molecular tags for desirable traits, facilitating their indirect selection during breeding programs. Through genetic mapping studies and association analyses, markers linked to specific genomic regions harboring genes of interest are identified and validated [54].

Following marker identification, genotyping of breeding populations is conducted to assess the presence or absence of marker alleles associated with target traits. This step involves molecular techniques like Polymerase Chain Reaction (PCR) or genotyping arrays to amplify and analvze marker sequences in plant DNA samples. By genotyping individuals, breeders can efficiently screen large populations, focusing on those carrying favorable marker alleles linked to desired traits [23].

Once genotypic data is obtained, selected individuals undergo phenotypic evaluation to confirm the expression of target traits in field or controlled environments. Phenotypic data, such as yield, disease resistance, or oil content, complements genotypic information, providing a comprehensive basis for breeding decisions(Table 3) [26][29].

Based on the integration of molecular marker data and phenotypic performance, breeding decisions are made to prioritize individuals with superior traits for further breeding activities. Marker assisted selection enables breeders to expedite the breeding process by focusing on individuals with the highest likelihood of possessing the desired traits, leading to more efficient genetic gain and accelerated variety development [22].

Target Traits	Description	References	
Yield	"Selection of genotypes with higher yield potential, increased seed weight, and	Collard <i>et al.,</i> 2005[29]	
	improved harvest index."		
Oil Content and Composition	"Identification of genotypes with higher oil content, desirable fatty acid profiles, and improved oil quality traits."	Kole <i>et al.,</i> 2015[55]	
Disease Resistance	"Incorporation of genes or QTLs associated with disease resistance, reducing yield losses from fungal, bacterial, and viral pathogens."	Collard <i>et al.,</i> 2005[29]	
Insect Resistance	"Selection of genotypes with resistance to insect pests, such as aphids, caterpillars, and weevils, reducing the need for chemical pesticides."	Wu <i>et al.,</i> 2013[56]	
Abiotic Stress Tolerance	"Identification of genetic factors associated with tolerance to abiotic stresses like drought, salinity, and temperature extremes."	Collard <i>et al.,</i> 2005[29]	
Quality Traits	"Selection of genotypes with improved seed size, color, texture, and flavor, meeting market demands for food, feed, and industrial uses."	Kole <i>et al.,</i> 2015[55]	
Adaptation and Maturity	Development of regionally adapted varieties with optimal maturity periods and performance under specific agro-climatic conditions.	Collard <i>et al.,</i> 2005[29]	
Herbicide Resistance	Incorporation of herbicide resistance traits, enabling effective weed control and reduced production costs.	Powles & Yu, 2010[57]	

Table 3. Target traits for marker assisted selection in oilseed breeding

# 7. FUTURE DIRECTIONS AND CHALLENGES

Genomic Selection (GS) has emerged as a powerful tool, enabling breeders to predict the genetic merit of individuals based on genomewide molecular markers, thus facilitating the selection of superior genotypes with higher accuracy. High-Throughput Sequencing (HTS) technologies have also transformed genotyping processes. Moreover, the advent of CRISPR-Cas9 gene editing offers precise genome editing capabilities, allowing researchers to modify specific genes associated with desirable traits in oilseed crops. Additionally, epigenetic markers, methylation such as DNA and histone modifications, are gaining prominence for their role in understanding gene regulation and heritable phenotypic variation, providing new avenues for marker development and utilization.

Potential Applications of MAS in Addressing Future Challenges in Oilseed Production: Marker-Assisted Selection (MAS) holds immense potential for addressing future challenges in oilseed production. Furthermore, MAS can contribute to disease management by incorporating resistance genes into breeding programs, thereby enhancing the resistance of oilseed varieties to emerging pathogens and reducing yield losses caused by diseases. Additionally, MAS offers opportunities for quality improvement, allowing breeders to enhance oilseed quality traits such as oil content, composition, and nutritional value to meet the evolving demands of consumers and industrial applications.

Overcoming Limitations and Barriers to MAS Adoption in Oilseed Breeding Programs: Despite its potential, the widespread adoption of MAS in oilseed breeding programs faces several challenges. Cost-effectiveness remains а significant barrier, as implementing MAS requires investments substantial in genotyping technologies and infrastructure. Collaborative efforts and shared resources among research institutions and breeding programs can help mitigate this financial burden. Capacity building is another critical aspect, as training breeders and researchers in molecular marker technologies and bioinformatics is essential for effective MAS implementation. Capacity-building initiatives and knowledge-sharing platforms can enhance expertise and promote MAS adoption. Moreover, integrating MAS with conventional breeding approaches is essential for maximizing its impact. Developing breeding pipelines that combine MAS with phenotypic selection enhances breeding efficiency and genetic gain, thereby overcoming existing limitations and advancing oilseed breeding programs towards sustainable production.

### 8. CONCLUSION

The discussion highlighted key advancements and challenges in Marker-Assisted Selection (MAS) for oilseed crop improvement. Emerging trends in molecular marker technology, such as Genomic Selection (GS), High-Throughput Sequencing (HTS), and CRISPR-Cas9 gene editing, offer promising avenues for enhancing breeding efficiency and precision. MAS holds significant potential for addressing future challenges in oilseed production, including climate resilience, disease management, and quality improvement. However, the widespread adoption of MAS faces barriers such as costeffectiveness, capacity building, and integration with conventional breeding approaches.

#### IMPLICATIONS FOR FUTURE RESEARCH AND PRACTICE

Future research should focus on further advancing molecular marker technologies to enhance their efficiency, accuracy, and costeffectiveness for MAS implementation in oilseed breeding programs. Efforts are needed to integrate MAS effectively into breeding pipelines, capacity-building initiatives through and collaborative research endeavors, to realize its full potential in addressing emerging challenges. Exploration of novel applications of MAS, such as improving nutrient use efficiency and promoting sustainable agriculture practices, can further enhance its impact on oilseed crop Knowledge improvement. transfer and dissemination of best practices in MAS implementation across research institutions and industry stakeholders are essential for driving innovation and ensuring sustainable oilseed production in the future.

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#### COMPETING INTERESTS

Authors have declared that no competing interests exist.

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